

This is a unique opportunity to learn about the many benefit issues that affect your life and ministry. You will be given guidance on all life stages from active ministry to a retirement lifestyle. Caring for one's physical, emotional, spiritual, and social well being is essential to maintaining even improving one's quality of life.

Hotel Accommodations

The Board of Pensions and the United Methodist Health Ministry Fund is covering the cost of your Monday and Tuesday night stay (room and tax only) at:

One of six hotels in the area, Susan will email you in March with the details of your stay.

Breakfast will be provided at the hotel at no cost to you. The hotel will receive a room list from GPAC, so **you will not need to make your own reservations.** However, you will need to provide a credit card at check-in to cover any incidental charges you may incur.

Meals

Are compliments of the Great Plains Conference Board of Pensions. We will provide the following meals: Dinner on Monday and Tuesday, Lunch on Tuesday.

More Info / Registration

If you have questions about the schedule, registration, or hotel accommodations, **call Susan Petersen** at 785-414-4212 or email: spetersen@greatplainsumc.org cell phone: 913-300-0202

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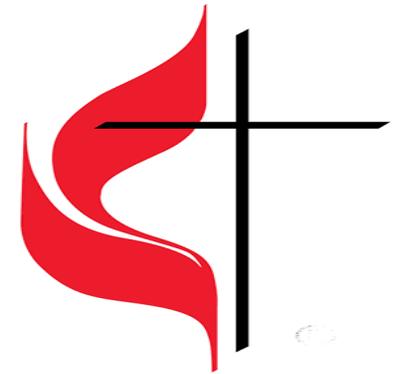
Salina Trinity United Methodist
Church

901 E. Neal Ave Salina, KS

To register:

[https://gp-reg.brtapp.com/
PreparingforyourFuture2020](https://gp-reg.brtapp.com/PreparingforyourFuture2020)

**Great Plains
United Methodists**
Preparing for your Future



*Education for all Clergy
Life Stages*

April 20-22, 2020

3 Very Enlightening Days!

Register for the seminar now:

[https://gp-reg.brtapp.com/
PreparingforyourFuture2020](https://gp-reg.brtapp.com/PreparingforyourFuture2020)

Schedule

Monday April 20 (Geared toward young clergy)

- 12:00 PM** Registrations / Visiting
- 12:30 PM** Welcome / Worship
- 1:00 PM** Help! Clergy Tax Law
by Nate Berneking
- 3:00 PM** Break
- 3:15 PM** Chill and Refill with Jane
Ehrman
- 5:00 PM** Dinner

Tuesday April 21 (for all clergy)

- 8:00 AM** Career Wellness Planning
- 12:00 PM** Lunch
- 1:00 PM** Career Wellness Planning
- 5:00 PM** Dinner

Wednesday April 22 (geared towards retiring and International clergy)

- 8:30 AM** Medicare—by Debra Wood
- 9:30 AM** Break
- 9:40 AM** Retirement Housing Options
- 10:10 AM** Break
- 10:20 AM** International Attorney —
Ed Hood

Presenters

Nate Berneking: Depending on the day, Nate thinks of himself as a writer, pastor or lawyer. His job entails the work of all three. He currently works as the Director of Finance and Administration for the Missouri Annual Conference of the United Methodist Church, a large denominational organization responsible for resourcing almost 800 United Methodist Churches in the state of Missouri. In this role, Nate offers resources and education for local churches and pastors in Missouri and beyond. He is a graduate of Saint Louis University, Saint Louis University School of Law and Emory University's Candler School of Theology. Prior to becoming a pastor, he worked as an attorney in the corporate and securities group of a large St. Louis law firm. When he isn't working, he enjoys writing fiction and hopes to soon publish his first novel. He has already written one nonfiction book on church finance, *The Vile Practices of Church Leadership*, available through Abingdon Press. He also maintains the website at www.nateberneking.com where leaders in local churches can find a blog and added resources.

Jane Ehrman: My entire career has been in the field of health and wellness. I came to an understanding of the field of mind/body medicine after being diagnosed with breast cancer 28 years ago. Initially, my therapist taught me to use guided imagery to stop the side effects of chemotherapy. Through the imagery process and self-hypnosis, I came to recognize the perceptions I had about the cancer, my treatment and life that were barriers to being well again. I identified the steps to improve my health and thrive. The experience was profoundly helpful to me. My family and others noticed how much better I tolerated treatment. I had more energy, a more positive attitude and greater empowerment.

Jane has a master of education with an emphasis on mind-body medicine, is a certified health education specialist, clinical hypnotherapist, and intrinsic wellness coach.

Jane was a Mind/Body Coach with the Cleveland Clinic, at the Tanya I. Edwards, MD Center for Integrative Medicine from 2004 – 2012.

Paula Whitbeck, Wespeth Has been a Conference Liaison with Wespeth since January 31, 2005 and worked very closely with the Great Plains Conference on their recent merger. Prior to working with Wespeth she was the Benefits Director for the Central Texas Conference. She was also a member of the Central Texas Conference delegation to General Conference from 2000 – 2012. Paula is married to a United Methodist clergyperson, Gary, who retired from Central TX in 2008 but immediately “flunked retirement” and is the head chaplain at the Wesleyan Homes in Georgetown, TX. When she is not on the road she enjoys spending time with the two cutest cats in the world, Charm and Monkey, and trying to talk her husband out of moving to different houses.

John Garrison: John joined EY in 2016 and has over 10 years of experience delivering live seminar workshops as well as webinar presentations. His previous experience was with a Fortune 150 company for over 25 years in Human Resources. In his last corporate position, he was responsible for leading Benefits Administration for active and retired employees. Given this experience, John is comfortable leading workshops in retirement planning, health and welfare benefits, executive benefits, education funding, estate planning, deferred compensation, and event driven topics including benefits enrollment, change in control, and pension change/choice. * Tentative *

Debra Wood Family Resource Management Agent, K-State Research and Extension Office in Salina

Deb earned her Master's degree in personal financial planning from K-State and is a Certified Financial Planner. As a Certified SHICK Counselor for Kansas' Senior Health Insurance Program, Deb has counseled hundreds of Medicare beneficiaries through initial and open enrollment processes over the last ten years, and regularly provides educational programming in the area. Deb will discuss:

- Medicare enrollment periods
- Medicare Parts A and B
- Medicare Supplement Plans
- Prescription Drug Plans